

# Study program: Integrated Academic Studies in Dental Medicine

# **Course title: Health Promotion**

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#### Course status: elective

# **ECTS Credits: 3**

# Condition: -

**Course aim:** To capacitate students in understanding the roll of health and other sectors of the society and their active cooperation in the health promotion process.

**Expected outcome:** Acquiring skills to work with health and other professionals, groups and individuals in the community in order to implement health promotion.

# Content

# Theoretical education

Definition and term of health promotion, principles and strategies. Health promotion and health education in strategic documents. Settings for health promotion (WHO health promotion settings approach – "Healthy cities", Healthy school", "Healthy kindergarten"). Population and high risk strategies in the prevention of non-communicable diseases. Behavioural and biological risk factors for non-communicable diseases. Health promotion in prevention of communicable diseases. Behavioural models of health decision-making and behaviours. Health education – definitions, aims, methods and tools. Health promotion and prevention programme structure. Content and organization of work in health promotion centres in Institutes of Public Health. Evaluation of the health promotion programmes.

Practical education

Health education tools and methods, health promotion and prevention programme, action plan, health promotion campaigns.

# Literature

Compulsory

- 1. Mijatovic Jovanovic V, Ukropina S, editors. Social medicine practicum. Novi Sad: University of Novi Sad, Faculty of medicine;2022.
- 2. Poland B, Green LW, Rootman I, editors. Settings for health promotion: Linking theory and practice. Thousand Oaks, CA: Sage; 2000.
- 3. Glanz K, Rimer BK, Viswanath K, editors. Health behavior and Health Education. 4h edition. San Francisco, CA: Jossey-Bass A Wiley imprint; 2008.

Number of active classes	Theor	Theoretical classes: 15		Practical classes: 30	
Teaching methods:					
S	tudent activity assessr	nent (maximum 1	00 points)		
Pre-exam activities		points	Final exam		Points
Lectures		5	Written		
Practices		15	Oral		55
Colloquium					
Essay		25			